

Interests

- Main areas of interests**
- Community Hospitals
 - Community services
 - Intermediate Care
 - Integrated Care
 - Community involvement, engagement and co-production
 - Community initiatives for health and wellbeing
 - Rural Healthcare

Summary

I am a Fellow of the Community Hospitals Association UK, a membership organisation that promotes community hospitals. The Association supports those involved in community hospitals through networking, sharing quality improvements, and contributing to evidence through research.

I have been a Visiting Research Fellow at the University of Winchester, with a particular interest in health and well-being and community initiatives. Research studies have included a study with the University of Birmingham on Community Hospitals and Community Value.

I have been an NHS Manager and an independent healthcare management consultant with a special interest in integrated health and social care working regularly across and between social care, health and the third sector. I have been involved with the voluntary healthcare sector as a Trustee. I am on the Editorial Advisory Board of the Journal of Integrated Care. I am a regular reviewer for a number of academic journals.

PhD

Tucker, Helen Jean (2012) *Integrated care: the presence, nature and development of integrated care in community health services in England and Ireland*. PhD thesis, University of Warwick
<http://wrap.warwick.ac.uk/56879/>

Selection of Publications

Lead Author

Tucker, H., Posnette, J., Seamark, D., Murphy, E. (2026) *Community Hospitals and Community Hubs – Integrated Care in Changing Models of Community Services in England*. International Journal of Integrated Care

Tucker H, Seamark D, Prodger E. "The response of United Kingdom Community Hospitals to the Covid-19 Pandemic: an appreciative Inquiry." International Journal of Integrated Care. 2022;22(S3):221. DOI: <http://doi.org/10.5334/ijic.ICIC22108>

Dr Helen Tucker PhD, IHM

- Tucker, H. (2022), *"One of the team" Patient experience of integrated breast cancer care*, Journal of Integrated Care, Vol. 30 No. 2, pp. 216-224. <https://doi.org/10.1108/JICA-11-2021-0058>
- Tucker, H., 2022. *"One of the Team - Person-Centred Integrated Care."* International Journal of Integrated Care, 22(S2), p.152.DOI: <https://doi.org/10.5334/ijic.ICIC21246>
- Tucker, H. and Green, H., 2016. Improving integrated working within and across organisations - An NGO Perspective. International Journal of Integrated Care, 16(6), p.A329.DOI: <https://doi.org/10.5334/ijic.2877>
- Tucker, H.J., 2015. *"Community Value - Community Hospital"* International Journal of Integrated Care, 15(5), p.null.DOI: <https://doi.org/10.5334/ijic.2165>
- Tucker, H. (2013), "Discovering integrated care in community hospitals", Journal of Integrated Care, Vol. 21 No. 6, pp. 336-346. <https://doi.org/10.1108/JICA-10-2013-0038>
- Tucker, H. and Burgis, M. (2012), "Patients set the agenda on integrating community services in Norfolk", Journal of Integrated Care, Vol. 20 No. 4, pp. 231-240. <https://doi.org/10.1108/14769011211255267>
- Tucker, H. and Burgis, M., 2012. Integrating Care in Norfolk (ICN)—A case study on a two-year programme to improve integrated working between primary care, community health services and social care in six localities. International Journal of Integrated Care, 12(7), p.null.DOI: <https://doi.org/10.5334/ijic.1029>
- Tucker, H., Prasad, G. and Burgis, M. (2011), "Targeting a reduction in teenage pregnancy rates in Norfolk – a pilot for integrating care", Journal of Integrated Care, Vol. 19 No. 4, pp. 37-44. <https://doi.org/10.1108/14769011111164296>
- Tucker, H. (2010), "Integrating Care in Norfolk - Progress of a National Pilot", Journal of Integrated Care, Vol. 18 No. 1, pp. 31-37. <https://doi.org/10.5042/jic.2010.0085>
- Tucker, H., 2010. An 'inclusive' model of integrated care. International Journal of Integrated Care, 10(6), p.null.DOI: <https://doi.org/10.5334/ijic.640>
- Tucker, H. (2006), "Integrating Care in Community Hospitals", Journal of Integrated Care, Vol. 14 No. 6, pp. 3-10. <https://doi.org/10.1108/14769018200600041>
- Tucker, H., Larkin, V. and Martin, M. (2005) *"The ICON Model - Progress on a Case Study for Developing Integrated Care in Ireland."* Journal of Integrated Care 13(3) June 2005:14-19
- Tucker, H., Larkin, V., and Martin, M. (2004) *"The ICON Model - A case study for developing Integrated Care in Ireland."* Journal of Integrated Care 12(5) October 2004:30-35.
- Tucker, H., Larkin, V. and Martin, M. (2004) *"Developing a Structured Approach to Furthering Integrated Care for the Population of the Midland Health Board, Republic of Ireland: the ICON project."* In Int J Integr Care Utrecht: Integrated Care Network.
- Tucker, H. (1987) Community hospitals. Progress of a concept of care The Health service journal 97(5039):244-5

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Tucker, H. (1987) *The Role and Function of Community Hospitals* Kings Edwards Hospital Fund for London ISBN 1870551001
https://archive.kingsfund.org.uk/concern/published_works/000002739?locale=en#?cv=9&xywh=-1627,140,4698,1203&p=0

Joint Publications

Hendry, A., Kurpas, D., Munoz, S.-A. and Tucker, H. (2024), "*Guest editorial: Integrated care in rural, remote or island communities*", *Journal of Integrated Care*, Vol. 32 No. 1, pp. 1-5. <https://doi.org/10.1108/JICA-02-2024-096>

Seamark, D. and Tucker, H., 2023. The Covid-19 pandemic as a driver towards integrated health care-learning from the experiences of UK community hospitals. *International Journal of Integrated Care*, 23(S1), p.459. DOI: <https://doi.org/10.5334/ijic.ICIC23167>

Seamark DA, Prodger E, Jay T, Gibbard, E., Tucker, H. (2022) "Response of UK community hospitals to the COVID-19 pandemic: an appreciative inquiry" *BMJ Open Quality* 2022;11:e001958. doi: 10.1136/bmjopen-2022-001958

Hendry, A. and Tucker, H. (2021), "Guest editorial Intermediate care: integrated, local and personal" *Journal of Integrated Care*, Vol. 29 No. 4, pp. 373-376. <https://doi.org/10.1108/JICA-10-2021-082>

Sezgin, D., O’Caoimh, R., O’Donovan, M.R. ...Tucker, H. et al. "*Defining the characteristics of intermediate care models including transitional care: an international Delphi study*". *Aging Clin Exp Res* 32, 2399–2410 (2020). <https://doi.org/10.1007/s40520-020-01579-z>

Young J, Hulme C, Smith A, Buckell J, Godfrey M, Holditch C...Tucker,H. et al. "Measuring and optimising the efficiency of community hospital inpatient care for older people: the MoCHA mixed-methods study." *Health Serv Deliv Res* 2020;8(1).

Seamark, D., Davidson, D., Ellis Paine, A., Glasby, J., Tucker H. (2019) Factors affecting the changing role of GP clinicians in community hospitals: a qualitative interview study in England February 2019 *British Journal of General Practice* 69(3):bjgp19X701345 DOI: 10.3399/bjgp19X701345

Davidson, D., Ellis Paine, A., Glasby,J., Williams, I., Tucker H., et al 2019 Analysis of the profile, characteristics, patient experience and community value of community hospitals: a multi-method study. January 2019 DOI: 10.3310/hsdr07010

Seamark, D., Davidson, D., Ellis Paine, A., Glasby, J., Tucker H. (2018) The changing role of GP clinicians working in community hospitals. June 2018 *British Journal of General Practice* 68(suppl 1):bjgp18X696713 DOI: 10.3399/bjgp18X696713

Seamark, D., Tucker, H., Penwarden, H. (2016) England must support its community hospitals July 2016 *BMJ* (online) 354:i3933 DOI: 10.1136/bmj.i3933

Gladman J., Buckle, J., Young, J., ..Tucker, H. (2016) Understanding the Models of Community Hospital rehabilitation Activity (MoCHA): A mixed-methods study August 2016 *BMJ Open* 7(2) DOI: 10.1136/bmjopen-2015-010483

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Gladman J, Buckell J, Young J, Smith A, Saggiu, S, Godfrey M, Enderby P, Teale E, Longo R, Gannon B, Holditch C, Eardley H., Tucker H. (2017) *"Understanding the Models of Community Hospital rehabilitation Activity (MoCHA): a mixed-methods study"* BMJ Open 2017;7:e010483. doi: 10.1136/bmjopen-2015-010483

Seamark, D., Tucker, H., Penwarden, H. (2017) *"England must support its community hospitals"* BMJ 2016;354:i3933

Seamark, D, Moore, B., Tucker, H., Church, J., Seamark, C. (2001) *"Community Hospitals for the new millennium"* BJGP February p125-127

Brewer, D., Tucker, H. (1989) Model for resettlement The Health service journal 99(5164):1011

Jones, R., Tucker, H. (1988) The role of community hospitals Health Trends 20(2):45-8

Chapter in Book

Tucker H *"Turning Community Hospitals into Assets"* in *"Trust in Experience"* Meads and Meads Editors pp 103-120 Radcliffe publications 9781315385334

Viewpoints/Blogs

Reflections of a Patient – One of the Team (2021)

<https://integratedcarefoundation.org/blog/reflections-of-a-patient-one-of-the-team>

Tucker, H. (2021) *"My Improvement Journey"* Health Foundation/Q Community <https://q.health.org.uk/blog-post/my-improvement-journey-dr-helen-tucker/>

Tucker, H (2017) *"Community Hospitals – Discovering a New Model of Care?"* Viewpoint University of Birmingham <https://www.birmingham.ac.uk/schools/social-policy/departments/health-services-management-centre/news/viewpoint/2017/12/Community-Hospitals-%E2%80%93-Discovering-a-New-Model-of-Care.aspx>

Tucker H (2016) *"We know community hospitals work. And at last so does the NHS."* The Guardian May 30th 2014

Tucker H (2014) *"The Essence of Community Hospitals"* Viewpoint University of Birmingham July 2014

Selection of Presentations

"The Value of Community Hospitals" Community Hospitals Japan (CHJ) Summit, Kyushu Japan. Presentations by Helen Tucker & Jo Posnette 2026

Dr Helen Tucker PhD, IHM

"The UK experience of Community Hospitals National Hospital" Construction Technology Center
Centro Nazionale Edilizia Tecnica Ospedaliera 2023

Community Hospitals in the UK (2022) CONVEGNO OASI 2022, University of Bocconi, Italy

"The response of United Kingdom Community Hospitals to the Covid-19 Pandemic: an appreciative Inquiry." (2022) International Journal of Integrated Care in Denmark.

"What is so special about Community Hospitals?" Community Hospitals Association (CHA) 2017
Manchester

"Discovering Integrated Care in Community Hospitals" Community Hospitals Association (CHA) 2016
Bristol

"Community Hospitals, Community Value" International Foundation of Integrated Care IFIC 2015
Edinburgh

"Improving Integrated working within and across organisations" Tucker and Green International
Foundation of Integrated Care (IFIC) 2016 Barcelona

*"A Review of the Role and Potential of Community Hospitals, and Reflection on the Scottish
Association of Community Hospitals"* Scottish Association of Community Hospitals (SACH) 2015
Peebles, Scotland

"Research in Community Hospitals" Community Hospitals Association (CHA) 2014 Manchester

"Integrating Care in Norfolk, England" Tucker, Burgis and Wood International Foundation of
Integrated Care (IFIC) 2012 San Marino

"Research - Community Hospitals and Integrated Care" (2010) University of Warwick for Masters
Students

Contact Details

Helen Tucker

07831485210

helen.tuckerdickson@gmail.com